

Stamford Public Schools Professional Learning Plan 2011-2012

Physical Education/Health

*Please recognize that effective professional development depends on the modification of PD activities to meet teachers’ needs as they arise. Therefore, it is expected that changes will need to be made to this plan as it is implemented over the course of the 2011-2012 school year.

Action Item <i>(Type of professional learning activity)</i>	Proposed Date and Location(s)	Professional Development Experience <i>What will participants do?</i>	Anticipated Outcome <i>Participants will know and be able to:</i>	Evaluation of Professional Development <i>How will the professional learning be assessed at the four levels of evaluation?</i>
PE Cadre of Trainers workshop “Current Issues & Trends in PE” (AM) American Red Cross CPR/1 st Aid/AED Update and Recertification (PM)	August 30 Westhill HS Gymnasiums	Participants will participate in a workshop covering contemporary considerations, issues and trends, and role and direction of physical education in the 21st Century. Participants will demonstrate skills and take test on updated skills to maintain certifications. Participants will be introduced to newly revised standards.	Utilize the student-centered / teacher-directed learning, state/national trends in physical education and wellness, appropriate practices in physical education, advocating for physical education, scientific research-based interventions (SRBI), positive behavioral supports (PBS). Appropriate for all physical educators K-12. Demonstrate knowledge and skills in basic 1 st aid and CPR/AED and their practical uses, as they apply to professional responsibilities.	* Level 1:Eval. surveys * Level 2:Exit cards
PE/Health CADRE of Trainers “The Wellness Model, Re-Thinking the Delivery of K-12 Physical Education”	November 8 Westhill HS Gymnasiums	Participants will participate in a workshop which assists in re-framing the work they do with children in order to serve the long range needs of students related to healthy and balanced living.	Define what wellness means, why it should be considered an essential core of our work and what it might look like in our district.	* Level 1:Eval. surveys * Level 2:Exit cards * Level 3:Formative Assessment
Elementary Physical Education Round Tables	February 15 (elementary only)	Staff will participate in open discussions surrounding future PD, planning, instructional practices, assessment, etc.	Staff will have had the opportunity for professional collaboration. Staff will create goals and objectives related to each grade level and align with curricular, state and national standards.	* Level 1:Eval. surveys * Level 2:Exit cards

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Adaptive Physical Education Workshop	April 11 AITE Gymnasium	Participants will create goals and objectives specific to typical instructional issues in physical education as they related to dealing with students with special needs.	Modify and adapt typical activities to differentiate instruction and better meet the needs of all students.	* Level 1:Eval. surveys * Level 2:Exit cards